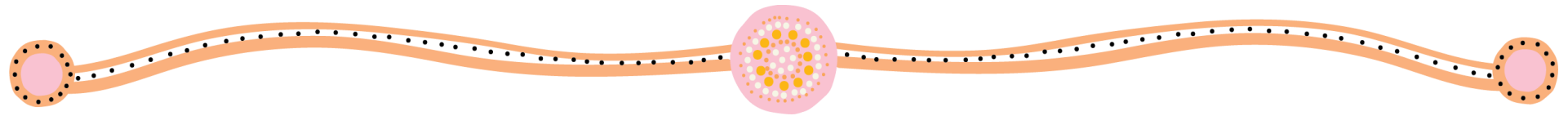




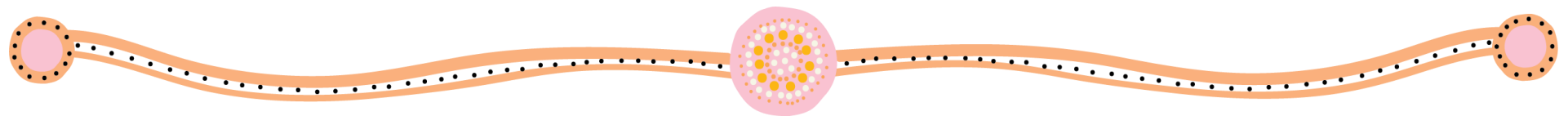
ABORIGINAL FOODS

EDIBLE BUSH TOMATOES
OFTEN GROW BESIDE
DIRT TRACKS.





BUSH PEAR OR BUSH
BANANA.
THE OUTER CASE AND
INNER WHITE PITH
AND SEEDS ARE ALL
EDIBLE.



NATIVE CUCUMBER WHICH
TASTES SIMILAR TO
CUCUMBER. THE THIN
OUTER SKIN IS NOT EATEN.



DIGGING SMALL SHOOT,
FOLLOWING IT DOWN TO
ITS EDIBLE ROOT.

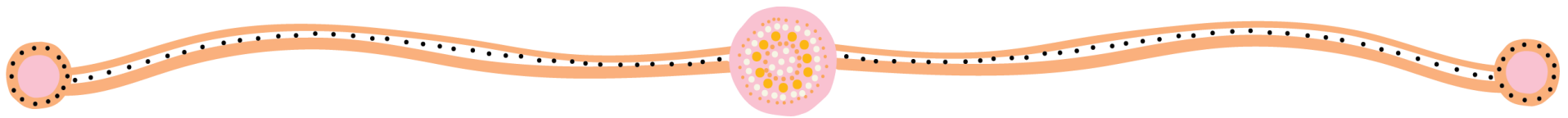


BIBAJ IS AN INSECT LARVAE (GRUB). THESE LARVAE ARE FOUND BY LOOKING FOR THE TELL-TALE SIGNS OF POWDER AT THE TREE OR HOLES IN THE BARK, AND THEN SEARCHING UNDER THE BARK. GRUBS CAN BE EATEN RAW OR ROASTED.

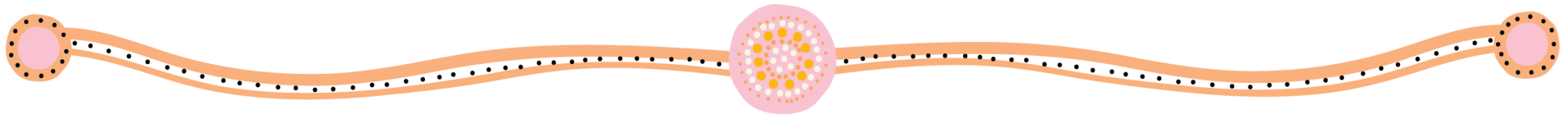


THE HONEY ANTS. THEY ARE
COLLECTED IN BARK STRIPS.





ONE OF THE MOST WELL KNOWN TRADITIONAL ABORIGINAL FOODS IS THE AUSTRALIAN WITCHETTY GRUB. THE WITCHETTY GRUB IS HIGH IN PROTEIN AND NUTRITION.



DAMPER, ALSO KNOWN AS BUSH BREAD OR SEEDCAKE IS A TYPE OF BREAD MADE BY AUSTRALIAN ABORIGINES. DAMPER IS MADE BY CRUSHING A VARIETY OF NATIVE SEEDS, AND SOMETIMES NUTS AND ROOTS, INTO A DOUGH AND THEN BAKING THE DOUGH IN THE COALS OF A FIRE.

