

## HOME LEARNING CHOICE BOARD & GUIDELINES

As per the Department of Education and State Government requirements, Pakenham Springs will move into remote learning from Friday 16<sup>th</sup> of July until Tuesday 20<sup>th</sup> of July (unless advised otherwise). We hope that the following information will support you to maintain the consistency of your child's learning from the home. Please note that your child's learning tasks will be posted on Compass this Friday by 4:00pm for the following week. These guidelines and learning choice boards are to support the learning for today (Friday the 16<sup>th</sup> of July) and to compliment the work that your child's teacher sends out. Please log on to Compass to access the learning and view daily communication from classroom teachers.

### What should the day look like?

We suggest keeping each day during the week looking as normal as possible. Regular bedtimes and times for getting up should be maintained. Showers, breakfast, getting dressed, teeth cleaning and other morning routines should happen as normal.

It is important that a clear learning space is set up, preferably not in front of the television! There should be good light, with a comfortable chair and a table at an appropriate height. Important learning tools (pencils, paper, books, etc.) should be easily accessible. If using a computer, laptop or tablet it should be set up in a common space, where student activity on electronic devices can be monitored.

The Department of Education has suggested that the following amount of time should be dedicated to remote learning each day:

PREP - YEAR 2
<ul style="list-style-type: none"><li>• 45-60 min of literacy</li><li>• 30-45 min of numeracy</li><li>• 30-45 min additional learning areas, play based learning and physical activity.</li></ul>

We suggest that you keep a common structure to each day as much as possible, understanding that things may need to be altered to suit your own personal circumstances.

### Sample daily structure:

Morning: Literacy based learning

Break time (try to include some physical activity here as well as a healthy snack)

Late Morning: Numeracy based learning

Lunch break time (try to include some physical activity here as well as a healthy lunch) Afternoon: additional curriculum learning, inquiry, play-based learning, etc.

### Online Resources available to Pakenham Springs families:

[www.sunshineonline.com.au](http://www.sunshineonline.com.au) (Prep - User ID: ppsprep Password: reading1 Year 1: User ID: ppsyear1 Password: reading1 Year 2: ppsyear2 Password: reading1)

[www.matific.com](http://www.matific.com) (all students have individual usernames and passwords)

[www.essentialassessment.com.au](http://www.essentialassessment.com.au) (all students have individual login details) [www.getepic.com/sign-in](http://www.getepic.com/sign-in)

(Some classes have codes – can also create free account)

**Other recommended online sites:** <https://theresilienceproject.com.au/at-home/> (A hub of activities and idea to bring gratitude, empathy and mindfulness to day-to-day life)

[www.pobble365.com](http://www.pobble365.com) (Writing ideas - picture prompts, story starters, writing activities) [www.kidsnews.com.au](http://www.kidsnews.com.au) (Herald-Sun learning resources for P-6 students)

[www.abc.net.au/btn](http://www.abc.net.au/btn) (Behind the News - short educational, news stories for students)

[www.abc.net.au/abckids/early-education/](http://www.abc.net.au/abckids/early-education/) (Educational clips & games for younger students)

[www.mathsisfun.com](http://www.mathsisfun.com) (Mathematics resources/lessons/quizzes/logic puzzles)

<http://www.readwritethink.org/parent-afterschool-resources/> (Literacy resources) [www.gonoodle.com](http://www.gonoodle.com)

(Brain breaks and mindfulness)

## STUDENT AND FAMILY WELLBEING

How often do we get to spend an extended time together with the family? In our busy everyday life, sometimes valuable family time can be limited. Make the most of your time together and create some happy memories for years to come.

### **Keep active!**

Remember the importance of staying active (providing you are well). Create an obstacle course in your house for the whole family, put on some music and have a family disco, play a game of Twister together, pop on a YouTube exercise clip and get moving! The more you laugh together as a family, the happier and healthier you will be!

### **Stay Connected**

Although physical contact with others may be limited, remember to reach out in different ways to stay connected with family and friends. A phone call, FaceTime, Skype or even simply writing a letter to a friend or family member may help ease any sense of isolation or loneliness.

### **Talk!**

Remember to talk to your child about what is going on in the world—you will need to adjust the amount of information you give your child depending on their age and emotional capacity. Being open and honest and discussing your own feelings can help young people make sense of what is happening around them. Reassurance that you will get through this together and maintaining a positive attitude cannot be emphasized enough!

### **Fun things to do as a family...**

- Play games - board games are great (with some hidden educational value as well)! Card games encourage numeracy skills and strategy and are a fabulous way to spend time together as a family.
- Construction - dig out the Lego blocks and start your own Lego Masters competition. Grab the sheets, drape them over the chairs and make a fort—hours of fun!
- Have a lounge picnic, with a blanket on the floor and enjoy lunch all together. A backyard picnic is also a great way to get some fresh air and incorporate a game of Frisbee or similar.
- Cooking is another great activity in which to involve the family. Research a recipe (using the ingredients you have at home) and whip up a yummy dessert or delicious main meal. Depending on the age of your child, they could be in charge of reading out the ingredients, measuring, pouring in the ingredients or completing the whole cooking process independently. Don't forget to take photos along the way—these could be used by your child to write a recount or a procedural text afterwards.

**The most important thing is to look after yourselves and your family. Do not hesitate to contact the school through the school email or your child's classroom teacher through Compass. Keep yourself sensibly informed of what's going on in the world and keep a positive attitude. Your child's classroom teacher will be in daily contact through the Compass Newsfeed and WebEx sessions.**

**Remember to join our Pakenham Springs Primary School Facebook page and share your home learning experiences with us and the rest of our school community.**

## JUNIOR HOME LEARNING CHOICE BOARD

### READING & VIEWING

- Access online texts (epic, kid's news, sunshine online, library platforms etc.) and try to read for at least 10 minutes.
- Digital literacy – view a Pixar short film (search Pixar short film on youtube). Draw or describe how the character feels throughout the film.
- Draw a picture of your favourite part of a book you read today.
- Phone a friend or family member and give them a summary of the book - would you recommend this book? Why/Why not?
- Write a book review about the book you are reading.
- Compare two books by the same author. How were they the same? How were they different
- Watch these videos to practise the sounds you have been learning in class.
  - Prep <https://www.youtube.com/watch?v=0KmfVGQdRCo>
  - Year 1 <https://www.youtube.com/watch?v=JWq9DOvve4>

### WRITING

- Complete a daily journal.
- Be creative and write an imaginative story – Use Pobble365 to find a picture prompt if you're stuck for ideas.
- Practise handwriting - for younger students, shaving foam or sand on a baking tray are great ways to practice forming your letters. Here is a youtube video to help [https://www.youtube.com/watch?v=VoZ\\_OzVs2b8](https://www.youtube.com/watch?v=VoZ_OzVs2b8)
- Write a shopping list of things your family needs to buy.
- Go on a hunt around your house and find 5 interesting words. Find out their meanings and use them in a story.

### MATHS

- Logon to Matific/Essential assessment and complete some learning activities.
- Use your feet to measure how big your bedroom is.
- Choose a number. Use words and pictures to create a poster showing as much information about the number as possible.
- Find something in your house that you can cut or divide in half. Make sure there are 2 equal pieces.
- Create a pattern with leaves or items found in the garden. Draw a picture of your pattern.
- Ask the members of your family and friends questions (like 'what's your favourite fruit) and record their answers.
- Use math thinking and logic skills when playing card games, board games and completing puzzles.
- Practise writing you numbers, make sure they are not backwards!

### RESPECT, RESPONSIBILITY & RESILIENCE (WELLBEING)

- Keep a Gratitude Journal - write down 3 things you are grateful for each day.
- Practise mindful colouring - the whole family can join in!
- Make sure the household chores are divided equally - what responsibilities do you have?
- Give each person in your family a compliment each day.
- Complete one random act of kindness each day.
- Make some cards for the local Retirement Home - these people will also have less visits from their loved ones at the moment.
- Take time to sit quietly each day - concentrate on your breathing and keeping your whole body still. Maybe you could put on some calming music to help you relax.
- Jump onto the Resilience Project Website and complete some of the At Home activities.
- Write a list of how you show our three school values of Respect, Responsibility and Resilience at home and in the local community.



### SPECIALIST LEARNING

#### Media Arts

- Think about the effect that advertising has - storyboard an ad teaching people to wash their hands properly. Film it using an iPad if you can!
- Create a personal logo for you or your family. Create a digital version of your logo on your iPad or computer.
- Create a stop motion video on your iPad.

#### STEM

- Science in the kitchen - what happens when heat or cold is applied to different substances? Predict then test!
- Tower Challenge! Find small objects around your home (plastic cups, blocks, toilet rolls etc.) and build a structure to the sky!
- Bridge Challenge! Design and create a bridge using straws and tape. Challenge the strength of your bridge by placing objects on top to see if it holds!

#### PE

- Create a circuit of activities (push ups, sit ups, star jumps, etc) and do each exercise for 30 seconds before moving on to the next.
- Dance!!! Put on your favourite song or jump onto YouTube and search for Zumba!!
- Go for a walk around the block with your family and pets.

#### Art

- Watch an Art drawing tutorial on YouTube and practice your learning.
- Cut up some magazine pages and create a collage of an object/animal etc.
- Find a picture in a magazine. Cut it in half and draw the rest of the picture.
- Using objects found in the garden, create a picture of an animal, object or person.

#### LOTE

- Research some information about Japan and create a poster, travel brochure or picture to show your learning. Our younger students may draw a picture of their flag.
- Learn some new Japanese words. Record yourself saying them!
- Research some Japanese foods. As a family, pick one to cook throughout the week.

**Remember to check Compass - your child's weekly learning programs will be posted there.**

